# SAINT PETER'S HEALTHCARE SYSTEM

Treating you better...for life.

## **COMMUNITY CALENDAR**

**NOVEMBER 2012** 

# Saint Peter's Ranked Among Best Hospitals in Nation

"Top Performer" for Quality

aint Peter's University Hospital, the largest entity in the Saint Peter's Healthcare System, is among 620 hospitals nationwide cited as a "top performer" by The Joint Commission, the nation's leading healthcare accreditation organization. The report said the top hospitals – which collectively make up the top 18 percent of the 3,400 Joint Commission accredited hospitals – are leading the way nationally, providing a level of care that leads to positive patient outcomes.

The recognition, which coincides with the publication of The Joint Commission's annual report, is announced in the fall of every year. The honor is based on data reported in 2011. To earn this designation, a hospital must score 95 percent or above on a single measure or metric of care reported to the commission. It also had to meet or exceed a 95 percent performance target for each individual metric – or category that is measured. The measures are an accounting of the processes followed when caring for patients with specific conditions designated by Joint Commission – heart failure, heart attack, pneumonia, and surgical care.

Examples of processes measured include:

#### **Heart Attack**

- Aspirin given within 24 hours of arrival at hospital
- Beta blocker medication prescribed at discharge
- Smoking cessation advice or counseling provided for patients who smoke

#### **Surgical Care**

- Antibiotic received by patient one hour before surgical incision/s made
- Antibiotic given prophylactically discontinued within 24 hours of surgery ending
- Urinary catheter removed on post-op day one or two

Saint Peter's is one of only 14 healthcare providers in New Jersey – and the sole hospital in New Brunswick – to be cited for excellence.

"The care and safety of our patients is a top priority and being recognized by The Joint Commission as a 'top performer' is one of the highest and most coveted honors in all of health care."

says Ronald C. Rak, president and CEO of Saint Peter's Healthcare System. "It means that Saint Peter's is among the best of the best in patient care. I couldn't be more proud

Heart Attack
Heart Failure
Pneumonia
Surgical Care

of the Saint Peter's physicians, nurses and support staff."

The Saint Peter's ranking was listed in "Improving America's Hospitals:
The Joint Commission Annual Report on Quality and Safety 2012." An independent, not-for-profit organization, the Joint Commission is the nation's dest and largest standards-setting and

oldest and largest standards-setting and accrediting body in health care. The Joint Commission is also a partner with the U.S.

Top Performer on Joint Commission Key Quality Measures<sup>™</sup> 2011 Centers for Medicare and Medicaid. Its selfproclaimed mission is "to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating healtcare organizations and inspiring them to excel in providing safe and effective care of the highest quality and value."

"We understand that what matters most to our patients is safe, effective care," said Anthony Passannante, Jr., M.D., vice president and chief medical officer for Saint Peter's Healthcare System. "That's why Saint Peter's has made an aggressive commitment to quality and positive patient outcomes."

News of the "top performer" ranking follows other recent awards. The Saint Peter's University Hospital Stroke Program was recently awarded a Gold Plus Award from the American Heart Association and the American Stroke Association. The hospital has been nationally recognized for its cancer program since 1985. It is accredited with commendation as an Academic Comprehensive Care Program by the American College of Surgeons' Commission on Cancer. The Breast Center at Saint Peter's University Hospital was central New Jersey's first facility specializing in breast care to be accredited by the National Accreditation Program for Breast Centers and was recently re-accredited for another three years. Another recent honor announced was the Women's Choice Award from WomenCertified®, distinguishing Saint Peter's as one of the 2012 America's Best Hospitals for Patient Experience.

To learn more about services provided at Saint Peter's University Hospital and throughout the Saint Peter's Healthcare System, visit saintpetershcs.com. To find a doctor affiliated with Saint Peter's visit saintpetershcs.com/findaphysician.

## **COMMUNITY CALENDAR**

All programs are designed for community members and are held at Saint Peter's University Hospital, unless otherwise noted. For more information or to register for a program, call the contact number listed or visit our Web site at www.saintpetershcs.com/newsandevents/

### SUPPORT **GROUPS**

**Autism Family Support Group** NOVEMBER 11, 3:00 PM - 5:00 PM 877-886-9462

#### **Bariatric Support Group**

**NOVEMBER 8, 6:30 PM - 8:00 PM** Lisa Lapinski, RD 732-745-8600, x8159

**Bereavement Support Group** NOVEMBER 1 & 15, 7:00 PM - 8:30 PM

732-745-8565

#### **NEW Bereavement Support Group NOVEMBER 6 & 20, 2:00 PM - 3:00 PM**

For spouses and significant others 55 and older. Saint Peter's Adult Day Center 200 Overlook Drive, Monroe Township Sean O'Brien, MSW, LSW Lisa Sparaco, MSW, LSW 609-409-1363, Option 5

#### **Caregivers Support Group/Monroe NOVEMBER 8, 1:30 PM - 3:00 PM**

Saint Peter's Adult Day Center 200 Overlook Drive, Monroe Township Stephanie Fitzsimmons-Sexton, RN, NP 1-800-269-7508 or 609-655-2220

#### Alzheimer's Support Group/Monroe **NOVEMBER 13, 10:00 AM - 11:30 AM NOVEMBER 26, 2:00 PM - 3:30 PM**

Saint Peter's Adult Day Center 200 Overlook Drive, Monroe Township Rachel Kallish, CSW Lisa Sparaco, MSW, LSW 609-655-6853

#### **Craniofacial Boys & Girls Support Group**

#### (boys and girls ages 11 to 17 meet separately) **MEETS SUNDAYS DURING** THE SCHOOL YEAR

Helene Knee, LCSW 732-745-7943

#### Jump Start **New Parent Autism Support Group**

**NOVEMBER 15, 11:30 AM** 877-886-9462

#### **Pregnancy after Loss Support Group**

(for pregnant women who have previously experienced a loss)

Registration required. Dawn Brady, MSW 732-745-8600, x5214

732-745-8600, x8522

#### **SHARE Support Group**

(pregnancy and infant loss support group) **NOVEMBER 11, 7:00 PM - 9:00 PM** 

## COMMUNITY **MOBILE HEALTH** SERVICES

For more information about screenings and educational programs, or the CMHS corporate flu shot program, please call 732-745-8600, x8903.

#### **Blood Pressure Screening**

**NOVEMBER 9, 9:30 AM - 10:30 AM** New Brunswick Seniors

Residents only.

#### **Blood Pressure/Blood Sugar Screenings** NOVEMBER 9 & 30, 11:00 AM - 12:30 PM

Elijah's Promise, New Brunswick

#### **Blood Pressure/Blood Sugar Screenings**

**NOVEMBER 28, 12:30 PM - 1:30 PM** Ships I Soup Kitchen @ St. John's Episcopal Church, Somerville

#### **Breast Health Information**

**NOVEMBER 29, 8:00 AM - 3:00 PM** 

Ninth Annual Young Women's Conference National Council on Alcoholism Dependence Crowne Plaza Hotel, Monroe Township

#### **Health Fairs**

#### **NOVEMBER 1, 3:00 PM - 6:00 PM**

Canal Walk Adult Community Residents only.

#### **NOVEMBER 5, 8:00 AM - 2:00 PM** Phillps Van Heusen

Employees only.

#### **NOVEMBER 8, 11:30 AM - 2:00 PM**

Diocese of Metuchen

#### Clergy only. **NOVEMBER 16, 9:00 AM - NOON**

S.S. White Technologies, Piscataway Employees only.

## **CANCER SERVICES**

The American Cancer Society offers daily information and support to cancer patients and their families. Call 1-800-227-2345 to talk to a cancer information specialist 24 hours a day, seven days a week or visit us online at

## **Breast Cancer Support Group**NOVEMBER 5 & 19, 7:00 PM - 8:30 PM

Guest speaker and open discussion. Registration required. Cancer Institute of New Jersey Deborah Leif, MSW, LCSW 732-235-7011

#### **Gvnecologic Cancer Support Group** NOVEMBER 13, 7:00 PM - 8:30 PM

Cancer Institute of New Jersey 732-235-6792

#### **Living with Cancer Support Group** NOVEMBER 14 & 28, 7:00 PM - 8:30 PM

Cancer Institute of New Jersey Barbara Hale, LCSW 732-235-7557

### **PARENT EDUCATION**

For information, fees and registration, call Parent Education at 732-745-8579, unless otherwise indicated.

**Baby Care**NOVEMBER 5 & 12, 7:00 PM - 9:30 PM

**NOVEMBER 17, 12:30 PM - 4:30 PM** 

#### **Breastfeeding Class**

**NOVEMBER 17, 9:00 AM - 11:30 AM** 

**Breastfeeding Support Group NOVEMBER 2, 1:00 PM - 2:30 PM** 732-745-8600, x8820

#### **Grandnarents Class**

**NOVEMBER 1, 4:00 PM - 6:00 PM** 

732-745-8600, x8820

**Infant Massage Class NOVEMBER 7, 6:00 PM - 7:30 PM** 732-745-8600, x8820

#### **Marvelous Multiples**

NOVEMBER 5, 12 & 19, 7:00 PM - 9:30 PM

#### **New Mom Support Group NOVEMBER 2, NOON - 1:00 PM**

Light lunch will be served at noon. Registration required.

#### **Postnatal Yoga and Exercise Class** (four-week sessions)

**HELD FRIDAYS, 6:00 PM - 7:15 PM** 

#### Registration required. **Prenatal Nutrition Class and Tour**

**NOVEMBER 13, 7:00 PM - 8:00 PM** Registration required. Linda Hudak, MS, RD 732-745-7930

#### **Prenatal Yoga and Exercise Class**

(four-week sessions)

**HELD WEDNESDAYS AND FRIDAYS** 7:00 PM - 8:30 PM

Registration required.

#### **Prepared Childbirth Classes**

MONDAYS, THURSDAYS, OR ALL-DAY SESSIONS SECOND AND FOURTH **WEEKENDS** 

Registration required.

#### Sibling Class

**NOVEMBER 17, 10:00 AM - 11:00 AM** 

# **DIABETES EDUCATION**

#### **Children's Insulin Pump Group NOVEMBER 13, 6:30 PM - 8:00 PM**

Donna Dziedzic, RN, MSN, CDE 732-745-8600, x8751

#### **Diabetes Self-Management Education HELD MONDAYS AND TUESDAYS**

Registration and doctor's prescription required. 732-745-6667

#### **Gestational Diabetes Self-Management Class**

**HELD WEDNESDAYS AND THURSDAYS** Registration and a doctor's prescription required. 732-745-6667

#### SPECIAL EVENTS

## **BARIATRIC WEIGHT LOSS**

**SEMINAR** THURSDAY, NOVEMBER 8 7:00 PM - 9:00 PM

For more information and to preregister, call Lisa Lapinski at 732-745-8600, x8159.

## SPANISH-LANGUAGE **SUPPORT GROUP FOR** WOMEN WITH CANCER BEGINS SATURDAY, NOVEMBER 10 WILL MEET SECOND SATURDAY OF

EVERY MONTH 10:00 AM - 1:00 PM

In addition to taking part in discussion about how to cope with cancer and the impact on family and self, participants will learn ways to reduce stress and promote good health.

Sister Marie de Pazzi Conference Center Light lunch will be served. Free, but registration requested. Call 908-658-5400 for more information.

#### WOMEN'S LEADERSHIP **SUMMIT: STRIVING**

FOR BALANCE THURSDAY, NOVEMBER 15 8:00 AM - 2:00 PM

Hyatt Hotel, New Brunswick Hosted by the Middlesex County Regional Chamber of Commerce; sponsored by

Saint Peter's Healthcare System. Saint Peter's physicians Elizabeth Henry, MD, pediatrician, and Nidhi Kumar, MD, cardiologist, are among the featured guest speakers for the day.

Community Mobile Health Services staff will

provide health screenings. \$85 for chamber members in advance;

\$100 at the door

\$130 for non-members

Price includes continental breakfast, roundtable discussion materials and full sit-down lunch. Call 732-745-8090 for more information or visit

## DIABETES: FROM HEAD

TO TOE **SATURDAY, NOVEMBER 17** 

8:30 AM - 3:30 PM Fourth Annual Education Conference North Brunswick Township High School 98 Raider Road, North Brunswick

Call 732-469-7979, ext. 3510 for more information. Community Mobile Health Services will provide free medical screenings from 11:00 AM to 3:00 PM. Also scheduled bilingual seminars, cooking and fitness demonstrations, and children's activities.

#### **SAVE THE DATE**

#### "SPRING IS IN THE AIR" **FASHION SHOW** SATURDAY, MARCH 23, 2013

Sponsored by The Auxiliary of Saint Peter's University Hospital Pines Manor, Edison Price: \$60.

Call 732-745-6641 for more information.

**BABY FAIR** SUNDAY, APRIL 28, 2013 NOON-3:00 PM Local vendors and various Saint Peter's Departments will feature their services. Sister Marie de Pazzi Conference Center Call Parent Education at 732-745-8579 for

more information about the event or about

This calendar is for information only. Do not rely on it to make healthcare decisions on your own; instead, talk with your healthcare provider for advice and treatment. Do not ignore medical advice or delay seeking it because of something you read here. We do not suggest or endorse that you have any tests, use products, or use other information in this document without advice from your healthcare provider.



Treating you better...for life.

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reserving a table.















