



# Speakers Bureau



To schedule a speaker,  
please call **732-565-5496**.



*Treating you better...for life.*

DEPARTMENT OF COMMUNITY OUTREACH  
254 Easton Avenue  
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Catholic hospital sponsored by the Diocese of Metuchen ■ State-designated children's hospital and regional perinatal center  
Affiliate of The Children's Hospital of Philadelphia ■ Affiliate of Drexel University College of Medicine

A Community Outreach Service



## The Saint Peter's University Hospital Speakers Bureau

The Saint Peter's University Hospital Speakers Bureau is a free community outreach service for nonprofit organizations; for-profit companies pay a nominal fee for the service. Our staff is available to present almost any health topic to groups, service clubs, religious organizations, schools, businesses, and retirement communities.

Call 732-565-5496, and a member of the Saint Peter's University Hospital Department of Community Outreach will assist you with your request. We will need to know your name and daytime phone number, the name and address of your organization, and the time, date, and place of the meeting, as well as the number of people you will be expecting. Please allow us four to six weeks to make arrangements. Our speakers volunteer their time so they need to arrange their schedules to accommodate your request.



Please consider the following list of topics, or feel free to request a special area of interest not listed below.

### Children's Health

- Infant massage
- Lead poisoning prevention
- Parenting skills
- Recognizing signs of child abuse
- Sleep disorders
- Your child's behavior

### Family and Home

- Advance directives and life planning
- Caregiving
- First aid
- Genetics
- Infection control
- Managing your medications
- Respiratory equipment management
- Safety in the home

### For Women

- Breastfeeding
- Breast cancer
- Mammography and other diagnostic tools
- Menopause
- Osteoporosis
- Understanding fertility

### Health Conditions

- Alzheimer's and other memory disorders
- Arthritis
- Asthma
- Heart and vascular health
- HPV
- Interstitial cystitis
- Overactive bladder
- Signs, treatment, and prevention of cancer
- Sleep disorders
- Urinary incontinence

### Nutrition

- Childhood nutrition
- Food allergies
- Get your cholesterol down
- Healthy snacks
- My pyramid: U.S. government's guide to healthy eating
- Nutrition for seniors
- Reading food labels

### Lifestyle

- Complementary therapies
- Back care and body mechanics
- Exercise for healthy living
- Health and spirituality
- Preventing sports injuries
- Sleep disorders