

**SECTION SEVEN: INSTITUTIONAL POLICIES RELATIVE TO GME  
PROGRAMS**

**POLICY NO: 7.7**

**SUBJECT: EXPOSURE TO BLOOD AND BODY FLUIDS**

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**I. PURPOSE**

To inform house staff of the appropriate steps to take with a sharp injury or any other exposure to blood or body fluid occurs.

**II. PROCEDURE**

- A. Clean the affected body part – wash the area thoroughly with soap and water or flush mucous membranes with large amounts of water.
- B. Contain any spill and notify Environmental Services for cleanup.
- C. Notify your Program Director and fill out an employee incident report.
- D. Report immediately to Employee Health or, if an off shift or weekend, report to the Emergency Department.
- E. The Employee Health Nurse will follow-up on all employee exposures that occur as outlined in Section II SPUH Infection Control Manual (IMC Manual).

Reference: APIC Infection Control and Applied Epidemiology Principles and Practice, Missouri, Mosby, 2000.