

August
2019



SAINT PETER'S HEALTHCARE SYSTEM

Treating you better...for life.



2019

WOMEN'S CHOICE AWARD®

AMERICA'S 100 BEST HOSPITALS FOR PATIENT EXPERIENCE

One of America's Best Hospitals for Women Again

Patient Experience Award Ranking in Top 100

Saint Peter's University Hospital has been named, once again, one of America's Best Hospitals for women by the Women's Choice Award®.

Following a review of nearly 5,000 hospitals, Saint Peter's has been named a top healthcare provider in four distinct areas:

cancer care, breast health, obstetrics and most notably, **patient experience**.

"We are truly honored to have been recognized as one of America's Best Hospitals," says Leslie D. Hirsch, interim CEO and president, Saint Peter's Healthcare System. "We're committed to delivering the best possible clinical care and strive every day to positively impact patient satisfaction with a caring human approach across all clinical areas."

The methodology for America's Best Hospitals is unique in that it combines national accreditations, Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey results, and hospital outcome scores with primary research about women's healthcare preferences. It is the only award recognizing excellence in patient services based on robust criteria that considers patient satisfaction and clinical excellence.

Saint Peter's recognition as a recipient of the 2019 Women's Choice Award for Cancer Care indicates that the hospital is in the top nine percent of 4,797 United States hospitals offering cancer care services. The award measures hospitals on the presence of specific cancer-related services offered onsite, infection rates and patient recommendation ratings on the HCAHPS survey. Accreditation for the award ensures that a hospital or facility offers a full-range of diagnostic and treatment services or provides integrated cancer care and comprehensive services.

Low infection rates compared to the national average are another important factor for consideration as oncology patients are more susceptible than other patients to hospital-acquired infections because of their compromised immune systems.

The Saint Peter's Breast Center also was recognized, ranking in the top eight percent of 4,797 U.S. hospitals offering breast care services. The Best Breast Centers award means



Patient Experience

Saint Peter's also was recognized for being among the top 100 hospitals of similar size in patient experience.

The Women's Choice Award® collects the data for the following HCAHPS survey measures and uses a weighted average to award the best hospitals for patient experience:

- Effective communication with nurses and doctors
- Responsiveness to requests for help
- Providing patient recovery information
- Explanation about medications before being administered
- Bathroom and room cleanliness
- Peacefulness of room at night
- Patient recommendation rating

According to the Agency for Healthcare Research and Quality, good patient experience positively correlates to disease management, adherence to treatment plans and health outcomes.

For more information on the Women's Choice Award and America's Best Hospitals visit womenschoiceaward.com/awarded/healthcare

that Saint Peter's carries the Breast Imaging Center of Excellence (BICOE) seal from the American College of Radiology, and that it is among breast centers that have met the highest standards of breast care in the nation as set by the National Accreditation Program for Breast Centers (NAPBC).

Recognition in Obstetrics shows that Saint Peter's ranking is in the top 17 percent of 2,778 U.S. hospitals offering obstetrics.

The America's Best Hospitals for Obstetrics distinction is based on the following specific criteria:

- The percentage of patients reporting through the HCAHPS survey that they would definitely recommend the hospital
- Patient safety ranking based on 11 Centers for Medicare and Medicaid Services' measures of infection and complication rates
- Low rates of early elective deliveries (between 0 to 1 percent)
- Baby-friendly USA designation, a World Health Organization (WHO)/United Nations Children's Fund (UNICEF) initiative to support best practices for breastfeeding education and counseling
- Level III and Level IV neonatal intensive care designations to provide comprehensive care for the most complex and critically ill newborns

Founder and CEO of the Women's Choice Award Delia Passi emphasized that Saint Peter's University Hospital truly delivers on the care that matters most to women. "In addition to high-level performance on a national level, Saint Peter's provides the care that women value most, including easily accessible services, timely diagnosis, exceptional care and a true dedication to their community."

Special Events

EMS Education Series

**Thursday, August 29
6:00 PM**

Domestic Abuse Awareness

Call 732.745.8600, x6671
to register.

FREE Parking • **FREE** CEUs
FREE Light Dinner

Be
SUN SAFE
This Summer!

Skin Cancer Screenings
Saturday, August 3
Noon to 4:00 PM
Perth Amboy Family Day
Waterfront on Sadowski Parkway

Thursday, August 29
Noon – 3:00 PM
Spotswood Senior Center

Sun Damage Screening
Thursday, August 22
2:00 PM – 3:30 PM
Highland Park Public Library
FREE

National Night Out

#PartneringwtheCommunity

August 6

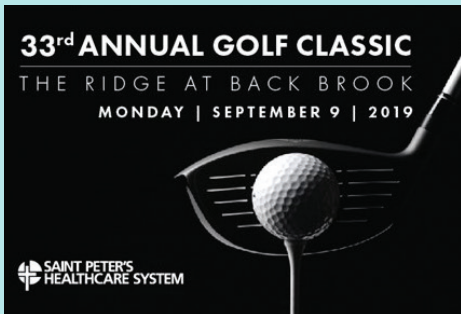
6:00 PM – 9:00 PM

Community Health Services staff will
provide screenings and education

Spotswood Municipal Complex
Summerhill Road, Spotswood

South Brunswick Rowland Park
Broadway Road, South Brunswick

SAVE THE DATE



Diabetes Support Group

Wednesday, September 11
10:30 AM – 11:30 AM
FREE

Saint Peter's University Hospital
Center for Ambulatory Resources
(CARES) **Call 732.339.7630**

Community Calendar

For more information or to register for a program, call the contact number listed or visit saintpetershcs.com/Events
Most programs are **FREE** unless noted; please call for information.

Cancer Support

Bone Marrow Transplant Support Group

For patients who have had an allogeneic transplant.

In person:

August 15 • 2:00 PM – 3:30 PM

Rutgers Cancer Institute of New Jersey

FREE

By phone:

August 6 • 6:30 PM – 8:00 PM

732.235.8522 • FREE

Breast Cancer Support Group

August 5 and 19 • 7:00 PM – 8:30 PM

Registration required.

Rutgers Cancer Institute of New Jersey

Deborah Leif, MSW, LCSW

732.235.7011 • FREE

Gynecologic Cancer Support Group

In partnership with the Cancer Support Community Central NJ

August 13 • 7:00 PM – 8:30 PM

Rutgers Cancer Institute of New Jersey

732.235.6792 • FREE

Living with Cancer Support Group

August 14 and 28 • 7:00 PM – 8:30 PM

Rutgers Cancer Institute of New Jersey

Barbara Hale, LCSW • **732.235.7557 • FREE**

Support Groups

Bariatric Support Group

August 8 • 6:00 PM – 7:00 PM

FREE

Call Daniela Velastegui, MS, RDN, CSG

at 732.339.7450 for information.

Bereavement Support Group

August 1 and 15 • 7:00 PM – 8:30 PM

Call Pastoral Care at 732.745.8600, x8565

for more information. • FREE

Craniofacial Teen Girls

For ages 11 to 17 • Meets Sundays, monthly.

Group resumes in September. • **FREE**

Call 732.745.8600, x8113 for information.

Epilepsy Education Support Group

Group resumes in September. • **FREE**

Call 732.339.7870 for more information.

MyGOAL Autism Family Support Group

August 11 • 3:00 PM – 5:00 PM

877.886.9462 • FREE

SHARE Support Group

(for those who have suffered miscarriage, stillbirth or neonatal death)

August 15 • 7:00 PM – 9:00 PM

Sister Marie de Pazzi Conference Center,
Room 5. Irina Mariano-Brown, MSW, LCSW

732.745.8522 • FREE

Spouse/Partner Caregiver Support Group

August 8 • 1:30 PM – 3:00 PM

Parker Adult Day Center, Monroe

200 Overlook Drive, Monroe Township

Stephanie Fitzsimmons, EdD, MSN, RN,

APRN-BC • **732.745.8600, x8662 • FREE**

At risk for diabetes and hypertension?

If you do not have insurance or sufficient coverage to manage chronic illnesses such as diabetes and hypertension, call Saint Peter's Diabetes and Hypertension Center at Saint Peter's Family Health Center, 123 How Lane, New Brunswick, at 732.339.7672.

Community Health Services

For more information about screenings and educational programs, or the CHS corporate flu shot program, please call **732.339.7675**

Community Health Services mobile health van



Welcomes patients
10:00 AM – 2:30 PM

Monday, August 5 • Friday, August 16
Sunday, August 18

In the parking lot of
**Sacred Heart Church/
Holy Family Parish**

56 Throop Street, New Brunswick

To schedule an appointment, call 732.339.7666; walk-ins welcome

Blood Pressure/Blood Sugar Screenings

August 9 • 9:30 AM – 10:30 AM

New Brunswick Senior Center • **FREE**

August 9 • 11:30 AM – 12:30 PM

Elijah's Promise, New Brunswick • **FREE**

August 21 • 2:00 PM – 3:30 PM

Franklin Township Public Library • **FREE**

August 27 • 9:30 AM – 11:00 AM

Old Bridge Senior Center • **FREE**

Blood Pressure/Blood Sugar/Cholesterol Screening

August 28 • 10:00 AM – 12:30 PM

Piscataway Senior Center • **FREE**

Bone Density Screening

August 20 • 10:00 AM – 11:30 AM

Sayreville Senior Center • members only

FREE

Stroke Screening

August 8 • 9:30 AM – Noon

Monroe Senior Center • residents only

FREE

We invite those who have lost a loved one to a substance abuse addiction to a new

SUPPORT GROUP

Thursday, August 15
7:00 PM – 8:30 PM

Saint Peter's Sports Medicine Institute Conference Room
562 Easton Avenue
Somerset, NJ 08873

No fee. On-site parking.

Questions/Additional Information:
Care Coordination Department
732.745.8522 or
jdanyus@saintpetersuh.com

Diabetes Education*

Diabetes Self-Management Education

Mondays or Tuesdays

Registration and doctor's prescription required.

732.339.7630

Gestational Diabetes Self-Management Education

Wednesdays or Thursdays

Registration and doctor's prescription required.

732.339.7630

Type I Diabetes Support Group for Children and their Families

Group resumes in September. • **FREE**

Call **732.745.8600, x8610** for more information.



Life's little miracles...
our midwives call it
a labor of love.

Meet the Midwife

Monday, August 5
6:00 PM – 7:30 PM

Antenatal Testing Unit
Waiting Room

First floor Women and
Children's Pavilion

Parent Education

For information, fees and registration, visit saintpetershcs.com/parented or call Parent Education at **732.745.8579**.

Baby Care

August 5 and 12 • 7:00 PM – 9:30 PM

August 10 • 9:00 AM – 1:00 PM

Breastfeeding Class

August 3 • 9:00 AM – 11:30 AM

Breastfeeding Support Group

August 2 • 1:00 PM – 2:30 PM

New Mom Support Group

August 2 • Noon – 1:00 PM

Refreshments are served.

Prenatal Yoga and Exercise Class (four-week sessions)

Wednesdays and Fridays

7:00 PM – 8:30 PM Registration required.

Prepared Childbirth/Lamaze Classes (Includes maternity services tour)

Thursday evening series (4 consecutive)

7:00 PM – 9:30 PM

Saturday and Sunday (single day)

9:00 AM – 5:00 PM

Sibling Class

August 3 • 12:30 PM – 1:30 PM

Need a doctor? To find a Saint Peter's physician, call 1.855.SP.MY.DOC (1.855.776.9362).

Also available, online scheduling with select Saint Peter's Healthcare System physicians via Zocdoc at BookMySPDoc.com

This calendar is for information only. Do not rely on it to make healthcare decisions on your own; instead, talk with your healthcare provider for advice and treatment. Do not ignore medical advice or delay seeking it because of something you read here. We do not suggest or endorse that you have any tests, use products, or use other information in this document without advice from your healthcare provider.



254 Easton Avenue, New Brunswick, NJ 08901

732.745.8600 | 800.269.7508 | saintpetershcs.com

Sponsored by the Roman Catholic Diocese of Metuchen



State-designated children's hospital and regional perinatal center

