

March  
2020



# SAINT PETER'S HEALTHCARE SYSTEM

*Treating you better...for life.*

For more than 60 years, the Craniofacial and Neurosurgical Center at The Children's Hospital at Saint Peter's University Hospital has provided expert medical care, education and support to families with children born with clefting or other craniofacial differences.



## The Craniofacial and Neurosurgical Center Designated as a fully approved "Cross-Specialty Team" by the American Cleft Palate-Craniofacial Association

Founded in 1959, the Craniofacial and Neurosurgical Center at The Children's Hospital at Saint Peter's University Hospital is one of only a few centers in the country that comprehensively treats craniofacial abnormalities, such as cleft lip and cleft palate. The Center provides specialized surgical expertise, much-needed medical knowledge, technology and compassionate support to families who have children with clefting or other craniofacial differences. The new designation means the hospital meets the highest national standards for comprehensive care as established by the American Cleft Palate-Craniofacial Association (ACPA).

Cleft lip, cleft palate and skull-based deformities are birth defects. These occur when a baby's lip, mouth and skull do not form normally during pregnancy. As a result, these children have problems feeding and speaking. They may also experience ear infections, hearing problems or issues involving their teeth. Cleft lip and cleft palate are the most common birth defects affecting children in the United States – one of every 600 newborns is affected by cleft lip and/or cleft palate.

Because the treatment of facial differences is so complex, surgical correction alone is not sufficient to ensure the overall physical and emotional well-being of children born with these facial differences. As a result, the Center uses a team approach consisting of specialists from across multiple practice areas at Saint Peter's including:

- Audiologist
- Geneticist
- Ophthalmologist
- Oral/maxillofacial surgeon
- Orthodontist
- Otolaryngologist (ear, nose and throat)
- Pediatric dentist
- Pediatric neurosurgeon
- Pediatrician
- Plastic and craniofacial surgeon
- Program coordinator
- Registered nurse
- Speech-language pathologist
- Social worker

The multi-disciplinary team meets face-to-face to strategically prepare a personalized treatment plan for each child. Official team recommendations are recorded in the child's permanent health record and maintained electronically. They are then sent to the parents, the child's pediatrician and other integral healthcare providers.

A report on children with special needs, issued in 1987 by the Surgeon General of the United States, stressed that the care of these children should be comprehensive, coordinated, culturally sensitive, specific to the needs of the children and readily accessible. In addition, the Maternal and Child Health Bureau recognized that children with clefts and/or other craniofacial differences have special needs, and in 1991 provided funding to the ACPA to develop standards for their health care. This led to the establishment of ACPA voluntary oversight for such programs.

"A multi-disciplinary team approach yields results that are far superior to those achieved by an isolated specialist," said Bipin Patel, MD, FAAP, chairman, Department of Pediatrics, and the medical director of the Craniofacial and Neurosurgical Center at The Children's Hospital at Saint Peter's University Hospital. "A testament to our successful outcomes can be seen in the number of cases that come to us from across New Jersey and Pennsylvania. Our team is proud to have a history of developing long-lasting, personal relationships with patients and their families, a critical element of support that is needed to ensure continuity of care and a sense of confidence and positivity in the end result."

**As a result of its ACPA designation, the Craniofacial and Neurosurgical Center at The Children's Hospital at Saint Peter's University Hospital is listed on [www.cleftline.org](http://www.cleftline.org) for a period of five years as of January 1, 2020.**

**For more information, visit [saintpetershcs.com/craniofacial](http://saintpetershcs.com/craniofacial) or call 732.745.8600, x7943.**

 **ACPA**  
Approved  
Team



# Special Events

# Community Calendar

**National Sisters Together**  
**Move More, Eat Better Program**  
**SUN DAMAGE SCREENING**  
**WITH DERMASCAN MACHINE**  
**Saturday, March 7**  
**9:00 AM – 10:00 AM**  
 Sister Marie de Pazzi Conference Center

For more information or to register for a program, call the contact number listed or visit [saintpetershcs.com/Events](http://saintpetershcs.com/Events)  
 Most programs are **FREE** unless noted; please call for information.

**Cancer Support Bone Marrow Transplant**  
 For patients who have had an allogeneic transplant.  
**In person: FREE**  
**March 25 • 2:00 PM – 3:30 PM**  
 Rutgers Cancer Institute of New Jersey  
**By phone: 732.235.8522 • FREE**  
**March 3 • 6:30 PM – 8:00 PM**

**Community Health Services**



For more information about screenings and educational programs, or the **corporate flu shot program**, please call **732.339.7675**.

**Diabetes Education\***  
**Diabetes Self-Management Education**  
**Mondays or Tuesdays**  
 Registration and doctor's prescription required.  
**732.339.7630**

**Breast Cancer**  
**March 2 and 16 • 7:00 PM – 8:30 PM**  
 Rutgers Cancer Institute of New Jersey  
 Deborah Leif, MSW, LCSW  
 Registration required. • **732.235.7011 • FREE**

**Blood Pressure/ Blood Sugar Screenings**  
**March 4 • 10:00 AM – 11:15 AM**  
 South River Food Bank, South River • **FREE**

**Gestational Diabetes Self-Management Education**  
**Wednesdays or Thursdays**  
 Registration and doctor's prescription required.  
**732.339.7630**

**Gynecologic Cancer**  
**In partnership with the Cancer Support Community Central NJ**  
**March 10 • 7:00 PM – 8:30 PM**  
 Rutgers Cancer Institute of New Jersey  
**732.235.6792 • FREE**

**March 9 • 5:00 PM – 6:30 PM**  
 North Brunswick Crescent Apartments  
 Residents only • **FREE**

**Monday Meetups** **NEW**  
 Community event for South Asians affected by diabetes  
**March 2 • 6:00 PM – 8:00 PM**  
 Center for Ambulatory Resources (CARES), Third floor conference room  
 240 Easton Avenue, New Brunswick • **FREE**

**Living with Cancer**  
**March 11 and 26 • 7:00 PM – 8:30 PM**  
 Rutgers Cancer Institute of New Jersey  
 Barbara Hale, LCSW • **732.235.7557 • FREE**

**March 10 • 2:00 PM – 3:30 PM**  
 Hall's Corner, East Brunswick  
 Residents only • **FREE**

**Type I Diabetes Support Group for Children and Their Families**  
**March 8 • 3:00 PM – 5:00 PM • FREE**  
 Call **732.745.8600, x8610** for more information.

**Support Groups**

**March 11 • 8:00 AM – 9:00 AM**  
 Catholic Charities Youth Enrichment Services, New Brunswick • **FREE**

**Parent Education**

For information, fees and registration, visit [saintpetershcs.com/parented](http://saintpetershcs.com/parented) or call Parent Education at **732.745.8579**.

**Bariatric**  
**March 12 • 6:00 PM – 7:00 PM**  
 Call Daniela Velastegui, MS, RDN, CSG at **732.339.7450** for information. • **FREE**

**Bone Density Screening**  
**March 3 • 10:00 AM – 11:30 AM**  
 Piscataway Senior Center, Piscataway  
 Members only • **FREE**

**Baby Care**  
**March 2 and 9 • 7:00 PM – 9:30 PM**  
**March 8 • 9:00 AM – 1:00 PM**

**Bereavement**  
**March 5 and 19 • 7:00 PM – 8:30 PM**  
 Call Pastoral Care at **732.745.8565** for more information. • **FREE**

**March 4 & March 5**  
**9:00 AM- Noon • 1:00 PM – 4:00 PM**  
 Bristol-Myers Squibb, Princeton  
 Employees only.

**Birth Center Class**  
**March 8 • 9:00 AM – 1:00 PM**  
 Fulfills requirement for patients of the Mary V. O'Shea Birth Center.  
 Registration required.

**Craniofacial Teen Girls**  
 For ages 11 to 17 • Meets Sundays, monthly.  
 Call **732.745.8600, x8113** for information.  
**FREE**

**BMI Measurement/ Sun Damage Screening using DermaScan Machine**  
**March 6 • 8:00 AM – 1:00 PM**  
 Young Women's Conference  
 Middlesex County College, Edison • **FREE**

**Breastfeeding Class**  
**March 7 • 9:00 AM – 11:30 AM**

**MyGOAL Autism Family**  
**March 8 • 3:00 PM – 5:00 PM**  
**877.886.9462 • FREE**

**Cholesterol Screening**  
**March 10 • 12:30 PM – 2:00 PM**  
 East Brunswick Senior Center,  
 East Brunswick • Members only • **FREE**

**Breastfeeding Support Group**  
**March 6 • 1:00 PM – 2:30 PM**

**SHARE**  
 (for those who have suffered miscarriage, stillbirth or neonatal death)  
**March 19 • 7:00 PM – 9:00 PM** **NEW Location**  
 Sister Marie de Pazzi Conference Center,  
 Room 5. Irina Mariano-Brown, MSW, LCSW  
**732.745.8522 • FREE**

**kid fest**

Saint Peter's staff will again provide screenings, education and fun activities at this annual event sponsored by The Children's Hospital at Saint Peter's University Hospital and Magic 98.3.

**Saturday, March 21**  
**11:00 AM – 3:00 PM**  
**Rutgers College Avenue Gym**

**Hypnobirthing** **NEW**  
**Five-week session**  
 Call **732.745.8579** for information.

**Spouse/Partner Caregiver**  
**March 12 • 1:30 PM – 3:00 PM** **NEW Location**  
 Saint Peter's Physician Associates  
 298 Applegarth Road, Suite D, Monroe  
 Stephanie Fitzsimmons, EdD, MSN, RN,  
 APRN-BC • **732.745.8600, x8662 • FREE**

**New Mom Support Group**  
**March 6 • Noon – 1:00 PM**  
 Refreshments are served.

**Weight Loss Program Seminars**  
 Every third Tuesday of the month  
 Noon - 1:30 PM  
 Meet the bariatric care team.  
**732.745.8555**

**Prenatal Yoga and Exercise Class** (four-week sessions)  
**Wednesdays and Fridays**  
**7:00 PM – 8:30 PM** Registration required.

Saint Peter's University Hospital Auxiliary

**CASINO NIGHT**

Proceeds will benefit the Division of Gastroenterology and Hepatology.

**Thursday, March 26, 2020**  
**5:30 PM – 10:30 PM**

**The Marigold**  
**315 Churchill Avenue**  
**Somerset, New Jersey**

Cocktail Reception 5:30 - 6:30 PM  
 Casino Games 6:30 - 9:00 PM  
 Dinner Buffet 8:00 - 9:00 PM  
 Program/Raffles 9:00 - 9:30 PM  
 Dessert Hour 9:30 - 10:30 PM  
 Cash Bar

For more information, please contact the Saint Peter's Hospital Auxiliary at 732.745.6641 or email: [Auxiliary@saintpetersuh.com](mailto:Auxiliary@saintpetersuh.com)

SAINT PETER'S FOUNDATION  
 A MEMBER OF SAINT PETER'S HEALTHCARE SYSTEM

**SAVE THE DATE**

**5.2.20**  
**GALA**  
 The Palace at Somerset Park  
 BISHOP'S AWARD HONOREE  
 Affinity Credit Union  
 PHYSICIAN APPRECIATION AWARD HONOREE  
 William Bernstein, MD  
 The Children's Hospital at Saint Peter's University Hospital  
 Robert Fein, MD  
 Regional Cancer Care Associates

**6.30.20**  
**COMMUNITY GOLF**  
 Forsgate Country Club  
 Benefiting the Neonatal Intensive Care Unit  
 Now featuring an afternoon shotgun start and dinner

**9.14.20**  
**GOLF CLASSIC**  
 The Ridge at Back Brook

For more information visit [saintpetershcs.com/foundationevents](http://saintpetershcs.com/foundationevents) or call 732.745.8542

We invite those who have lost a loved one to a substance abuse addiction to a new

**SUPPORT GROUP**

**Thursday, March 19**  
**7:00 PM – 8:30 PM**  
 Sister Marie de Pazzi Conference Center, Room 2  
 Private setting. No fee. **NEW Location**  
 Free on-site parking.

Questions/Additional Information:  
 Care Coordination Department  
**732.745.8522** or [jdanyus@saintpetersuh.com](mailto:jdanyus@saintpetersuh.com)

American Diabetes Association.

**ALERT! DAY**

Community Health Services staff will provide screenings

**March 24**  
**11:30 AM – 1:00 PM**  
 Saint Peter's University Hospital's Family Health Center, 123 How Lane, New Brunswick

**March 25**  
**12:30 PM – 2:30 PM**  
 Sister Marie de Pazzi Conference Center

## SAVE THE DATE

Life's little miracles... our midwives call it a labor of love.

**Meet the Midwife**  
**Monday, April 6 • 6:00 PM – 7:30 PM**  
 Antenatal Testing Unit Waiting Room  
 First floor • Women and Children's Pavilion

**EMS Education Series**

**April 30 • 6:00 PM – 8:00**  
**Head and Spine Trauma**  
 Call **732.745.8600, x6671** to register.  
**FREE** CEUs – 2 • **FREE** parking  
**FREE** light dinner • Certified Instructors

**Need a doctor? To find a Saint Peter's physician, call 1.855.SP.MY.DOC (1.855.776.9362).**  
**Also available, online scheduling with select Saint Peter's Healthcare System physicians via Zocdoc at BookMySPDoc.com**  
 This calendar is for information only. Do not rely on it to make healthcare decisions on your own; instead, talk with your healthcare provider for advice and treatment. Do not ignore medical advice or delay seeking it because of something you read here. We do not suggest or endorse that you have any tests, use products, or use other information in this document without advice from your healthcare provider.

**SAINT PETER'S HEALTHCARE SYSTEM**



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 732.745.8600 | 800.269.7508 | [saintpetershcs.com](http://saintpetershcs.com)

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State-designated children's hospital and regional perinatal center

