

Parent Education Department

2018 Classes

There are three ways to register for our Parent Education classes

- Register on our website: saintpetershcs.com/Parent-Education/
- Register by phone: Please call 732.745.8579
- Register by mail: Complete the Parent Education Department registration form on the back and mail with a check.

To view our maternity unit please visit: saintpetershcs.com/maternitytour

For additional information please call 732.745.8579.

PLEASE CHECK CHOICES DESIRED:

Prenatal Yoga and Exercise Class

4 consecutive Wednesdays, 7:00 p.m. - 8:30 p.m. *\$65.00*

4 consecutive Fridays, 7:00 p.m. - 8:30 p.m. *\$65.00*

PREPARED CHILDBIRTH / LAMAZE (Includes a tour)

Single-Day Prepared Childbirth / Lamaze *\$155.00* (includes lunch) per couple

____ Saturday or ____ Sunday • 9:00 a.m. - 5:00 p.m.

Weeknight, four consecutive weeks *\$120.00* per couple

____ Monday, 7:00 p.m. - 9:30 p.m.

____ Wednesday, 7:00 p.m. - 9:30 p.m.

____ Thursday, 7:00 p.m. - 9:30 p.m. Please indicate first and second choices.

Marvelous Multiples *\$95.00* per couple

Monday evenings, three consecutive weeks • 7:00 p.m. - 9:30 p.m.

One Sunday • 9:00 a.m. - 5:00 p.m. (Bring your own lunch) *\$105.00* per couple

Childbirth Refresher Course *\$65.00* per couple

Two Thursdays • 7:00 p.m. - 9:30 p.m. *or* Two Mondays • 7:00 p.m. - 9:30 p.m.

Baby Care (Two consecutive Mondays or one Saturday or one Sunday) *\$55.00* per couple

____ Monday, 7:00 p.m. - 9:30 p.m. ____ Saturday, 9:00 a.m. - 1:00 p.m.

____ Sunday, 9:00 a.m. - 1:00 p.m. Please indicate first and second choices.

New Daddy Class *\$35.00* per dad

Last Thursday of every other month • 7:00 p.m. - 9:00 p.m.

Breastfeeding Once a month on a Saturday morning, 9:00 a.m. - 11:30 a.m. or *\$45.00* per couple

Thursday, 7:00 p.m. - 9:00 p.m.

Grandparents Class First Thursday, every three months • 4:00 p.m. - 6:00 p.m. *\$30.00* per person or *\$45.00* per couple

Sibling Preparation Saturday morning. Once a month (Tour included) *\$25.00* per child with a parent

Name and age of child _____ *\$10.00* additional sibling

____ Sibling Class (12:30 p.m. - 1:30 p.m.)

Infant Massage Class First Wednesday evening, every other month *\$35.00* for an infant two weeks to six

4:30 p.m. - 6:00 p.m. months old and an adult.

After you deliver your baby, you are invited to join our Breastfeeding Support Group, New Family Support Group, and Infant Massage Class. Registration required.

CANCELLATIONS. REFUNDS WILL BE GIVEN FOR MEDICAL REASONS ONLY WITH A PHYSICIAN'S NOTE.

REGISTRATION FORM

Please complete and mail with check payable to: Saint Peter's University Hospital, c/o Parent Education Department, 254 Easton Avenue, New Brunswick, NJ 08901 or call 732.745.8579 to pay by credit card.

Name _____
Last Mother's First Coach's First (+ last if different from mom's)

Address _____
No. Street

City State Zip

Phone _____
Daytime Evening Cell

Email Address _____

Physician _____

Due Date _____

Date of Registration _____

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<i>OFFICIAL USE ONLY</i>	
Date Rec. _____	Amt. _____
Receipt No. _____	Date _____
Letter Sent _____	Date _____
Class Dates & Room No. _____	

