



Located in the Main Lobby / Dine In or Take Out  
Hours of Operation: Monday – Friday 11:30 AM – 4:30 PM • 732.745.8600, ext. 8816

Starters

- Soup du Jour** Cup: .....\$2.95 Bowl: .....\$4.25  
Freshly made soup of the day served with a house baked roll.
- Chicken Tenders** (5) .....\$6.75
- Chicken Wings** (mild, hot or teriyaki sauce) .....\$6.75
- Mozzarella Styx**.....\$6.75  
Lightly breaded mozzarella cheese served with a marinara dipping sauce
- Penne a la Vodka**.....\$6.50  
Small portion of pasta in a delicate tomato and cream sauce with garden peas. Add chicken .....\$4.25

Salads \$8.50

- All of our salad dressings are prepared on premise. Dressings: Blue cheese, Thousand Island, Ranch, olive oil, balsamic or red wine vinegar, balsamic vinaigrette. **Extra side of dressing, add - \$.50. Add chicken to any salad - \$3.25**
- House** – Romaine lettuce, cucumber, carrots, black olives, tomato, red onions
  - Classic Chicken Caesar** – Romaine lettuce, grated parmesan cheese, chicken, croutons, Caesar dressing
  - Apple Walnut** – Romaine, tomatoes, goat cheese, apples, walnuts
  - Chef** – Romaine lettuce, cucumber, black olives, tomatoes, sliced egg, ham, turkey, Swiss cheese
  - International** – Mixed greens, grilled chicken, Portobello mushroom, mozzarella cheese, roasted peppers, balsamic vinaigrette

Sandwiches \$8.00

- All sandwiches served with chef's housemade coleslaw and a pickle. Choice of white, rye or whole wheat bread, roll.  
**Add French fries - \$3.00 or sweet potato fries or seasoned French fries (Old Bay®) - \$3.25; add cheese - \$.50; add bacon - \$1.00.**
- Ham, Turkey, Tuna or Chicken Sandwich** – Lettuce and tomato
  - Tuna Melt** – Swiss cheese
  - Patty Melt** – Hamburger, Swiss cheese, fried onions
  - Grilled or Crispy Chicken** – Lettuce, tomato, onion
  - BLT** – Bacon, lettuce, tomato, mayo

Paninis \$8.00

- All paninis served with chef's housemade coleslaw and a pickle. **Add French fries - \$3.00 or sweet potato fries or seasoned French fries (Old Bay®) - \$3.25.**
- Turkey** – Provolone, red onion, lettuce, tomato, honey mustard
  - Italian** – Grilled chicken, roasted peppers, fresh mozzarella, balsamic vinaigrette dressing
  - Eggplant** – Lettuce, tomato, fresh mozzarella, balsamic vinaigrette dressing

Wraps \$8.00

- All wraps served with chef's housemade coleslaw and a pickle.  
**Add French fries - \$3.00 or sweet potato fries or seasoned French fries (Old Bay®) - \$3.25.**
- Crispy Chicken** – Swiss, lettuce, tomato, onion, Ranch dressing.
  - Tuna** – Swiss, lettuce, tomato, onions.
  - Caesar Chicken** – Romaine lettuce, grated parmesan, Caesar dressing.
  - Balsamic Wrap** – Grilled chicken, peppers, mozzarella, basil and vinaigrette

Fire Up The Grill

- Add bacon - \$1.00; add cheese - \$.50; add French fries - \$3.00 or sweet potato fries or seasoned French fries (Old Bay®) - \$3.25.**
- Beef Hot Dog**.....\$3.50  
Plain or with onions
  - Bacon, Egg and Cheese or Ham, Egg and cheese**.....\$4.75
  - Grilled Cheese** .....\$3.50  
With tomato and bacon .....\$4.50  
With grilled Virginia baked ham.....\$4.75
  - Burger** .....\$5.75  
Choice of beef, turkey or black bean. With lettuce, tomato, onions (raw or sautéed)

Entrées \$10.50

- Spicy Grilled Chicken Chipotle** - with brown rice and sautéed seasonal vegetables
- Pan-Fried Chicken Breast** - topped with chopped mixed greens, tomato, roasted peppers, mozzarella cheese and balsamic vinaigrette
- Eggplant Parmesan** - traditional eggplant parmesan with penne pasta
- Vegetable Stir Fry** - market fresh vegetables stir-fried in sesame oil with ginger, garlic and soy sauce served with brown rice. Add grilled chicken ..... \$3.25
- Penne a la Vodka** - pencil point pasta in a delicate tomato and cream sauce with garden peas. Add grilled chicken .... \$4.25
- Chicken Francaise** - egg-dipped chicken breast in a white wine, lemon butter sauce with penne pasta
- Chicken Parmesan** - boneless breast of chicken parmesan, marinara with penne pasta
- Grilled Salmon** - with sautéed vegetables in a rosemary and white wine sauce .....\$10.75

Sides

- Fresh baked roll**.....\$1.00
- Potato chips** .....\$1.25
- French fries**.....\$3.00
- Sweet potato fries or seasoned French fries (Old Bay).....\$3.25**
- Coleslaw, brown rice, sautéed seasonal vegetables** ....\$3.50
- Grilled chicken** .....\$4.25

Beverages

- Bottled Water**.....\$1.00
- Fountain Soda** .....\$2.25  
Coke, diet Coke, Sprite, lemonade, ginger ale, seltzer, iced tea (sweetened/unsweetened)
- Milkshakes** (vanilla, chocolate) .....\$4.25
- All Bottled Drinks**.....\$2.25
- Hot Chocolate**.....\$2.35
- Hot Tea** (regular or decaf) .....\$1.50 / \$2.25
- Starbucks Coffee** (regular or decaf) Small \$2.35 / Large \$2.65
- Starbucks Iced Coffee** .....\$2.65
- Coffee** (Cappuccino, Latte, Mocha) .....\$3.25
- Espresso** ..... Single \$2.00 / Double \$3.25

Desserts

- Vanilla/chocolate ice cream** (per scoop), **rice pudding, chocolate pudding, or Jell-O** .....\$2.25
- Pastries**.....\$2.50
- Cookies** .....\$.50 each
- Cake** .....\$3.25

Healthy Options

- Cranberry Almond Salad** .....\$7.75  
Spring mix, goat cheese, red onions, grilled chicken, almonds, cranberries
- Choice of Turkey, Beef, Black Bean no bun, a garden salad** .....\$9.50  
Romaine lettuce, carrots, tomato, cucumber (No substitute)
- Grilled Salmon with steamed vegetables** .....\$10.75
- Grilled Chicken Breast**.....\$8.25  
choice of steamed vegetables or a garden salad (Romaine lettuce, carrots, tomato, cucumber)
- Three Soft Tacos** .....\$10.00  
filled with chicken or shrimp, avocado, tomato, onions, cilantro

Add a garden salad to any entrée or sandwich - \$4.00. No substitutions.